



Specialist Sports Course Program Health & Physical Education



“play sport, be active, have fun, be fit AND slip slop slap wrap, hat and drink water.”

SPORT AWARDS 2006

Have you, or are you going to represent South Australia or Australia in a sport? If so you may be entitled to a financial award from the Southern Vales PE and Sport Program. To receive the award, students/parents need to apply for it on a special application form which is available in the Sport Office. Those students who have already picked up an application form **MUST get it in by 31st August.**

KNOCKOUT COMPETITIONS

So far this term we have competed in the Open Boys and Girls Volleyball and Netball Round Robin Carnivals against some tough opposition. The teams fought hard but were unable to break through to the finals. The year 8/9 Boys Soccer had a great win in the first round and will now play Cardijn College. Also the Year 10 Boys and Open Boys are still in their knockout rounds and we wish them well.

Inspiration

8/9 BOYS NETBALL

Wirreanda played in a Round Robin Carnival against Reynella East High School and Aberfoyle Park High School. Due to a change in the draw the boys had little time to train and on the day they were a player short. Thanks go to Benjamin Lee who filled in at the last minute. After a nervous start the boys settled and won the first game by 4 goals. Finally after a draw with Aberfoyle Park the boys had to go back on the courts for a 5 minute play off for a place in the finals. The boys played well as a team and won by 2 goals. This boy's Netball team is to be congratulated for its positive attitude, team spirit and the way all the boys listened to their coach, Mr Woodhouse.

Congratulations to the whole team – Bill Carroll, Steven Donnel, Benjamin Lee, Bradley Pierce, Greg Pinder and David Sampson.

SWIMMING AND DIVING

Craig Nicoll recently competed over 3 days at the 2006 South Australian 14 years and Over Short Course Swimming Championships at the Adelaide Aquatic Centre. He achieved a silver medal for 15yo 200m Breaststroke with a 4 second PB in a time of 2.33.80. This was also the fourth fastest Championship time for all the age groups moving his Open



position in SA up by one place to fourth. After converting to long course time this also places him well under the required Long Course 200m Breaststroke National Qualifying time. If all goes well during the long course season then Craig stands a very good chance of being selected in the National Age Championships in Perth for 2007. ***Wirreanda wishes Craig all the best for the season as we know how hard he trains.***

Congratulations to Alexis Pipinias who is in year 8. Alexis competes at a National level in the sport of Springboard and Platform Diving on 1 and 3 metre springboard and 5 and 7 metre platform. Alexis also does synchro on 1 metre and 3-metre springboard with her partner Amy. At the Annual presentation for Diving SA, Alexis was awarded with the Diver of The Year trophy. ***Well done Alexis you must have an extra 'spring' in your step now!***

MONTHLY ACHIEVER

The monthly achiever for July has been chosen for the ***Messenger Youth Sports Awards*** category, ***Individual male – southern region.*** Wirreanda's year 12 student ***Tristan Lee*** won for his achievements in the sport of Orienteering and Lacrosse and will be presented with his certificate at the Port Adelaide Football Club on Wednesday 9th August, 2006.

National Synchro Trampoline Championships in Queensland

Paul Bagot came second with ***Daniel Lynch*** and in the Double Mini Trampoline event came 11th overall. Congratulations Paul!

Also in the SA team was past student and sister Adelle Bagot. Well done.

SA State Orienteering Championships on the weekend saw 17yo Tristan Lee enter M17-20A finishing his 10.2km event second, Marissa W16A third and Benjamin M14A third in a tough field in the Murray Bridge area with warm conditions.

In the **Secondary School Sport PFG Matchplay Championships** held at the Grange Golf Club on Monday July 10th we had **Matthew Hey and Jordan Sherratt** participate. Matthew had some great results with one being the game against eventual runner up Chris Brown. Overall Matthew came in a strong 7th which was a good result. Jordan continued his successful year becoming the **PGF Matchplay Golf Series Champion for 2006**. His name now goes up with such names as Adam Bland and Jeff Ormsby who are on tour. Well done boys, keep putting!

Some of our SSC Football students travelled to Melbourne in June for a week representing the South Adelaide Football Club in the U13 and U14 team to participate in the Diamond Valley carnival. Their first game was against Diamond Valley second side with South winning the game by 44 points and the U14 side lost by only 1 point. The next U13 game was played against the Diamond Valley first side and they won by 3 points. **This was the first time in 17 years that the under 13 team had beaten them.** **Jake Bradley** was also awarded the best on ground medal for this game. The U14 South side beat Diamond Valley second side by 100 points. Well done to the 7 students for representing their club and achieving so much.

Congratulations to:

U13 – Jake Bradley and Jackson Mignanelli

U14 – Aidan Coakley, Jakke Baker, Jordan Mack, Dillon Bellman and Liam Green.

Sports Achievements

- Staff member **Mr. Tim Vogt and his wife** on the weekend won the 6 Hour Adelaide Bushwalkers Rogaine event. This is a point scoring event involving orienteering skills and they covered approximately 20km. Congratulations Mr Vogt.
- **Sam Farrier** has been selected as a team member of the SA Ginsberg under 13's Ice Hockey Squad to compete in Perth Western Australia in August 2006.
- **James Boyd** was chosen in the SANFL State Under 18 Football squad to play 3 games in Melbourne in June. Congratulations James and we hope your year of injuries soon ends.
- **Tristan and Marissa Lee** have been selected to represent SA in the SSSSA State Orienteering National Championships being held in York, Perth from 29th September to 8th October.
- **Natasha Farrier** has left for her Ice Hockey trip to Canada and will be away for 2 months. A great experience that she will always remember.

Term 3 and 4 events coming up:-

- Knockout for Boys and Girls: Soccer, Indoor Soccer, 8/9 Netball, Badminton, Volleyball, Super 8's cricket, tennis and Basketball.



PARENTS/CAREGIVERS AND STUDENTS SLIP, SLOP, SLAP, WRAP, WEAR A HAT AND DRINK WATER

It is highly recommended that students at Wirreanda High School bring and wear their own sunscreen and broad brimmed hats to all P.E. lessons and outside activities. They also need to bring drink bottles with water for their own usage.

Drink!

Hat

If you have any queries about any of the articles or if any parents have results or selections of their child in any sport please contact me either in writing or by phone. I then put it in the newsletter and acknowledge their achievements and also nominate them for the Messenger Youth Sports Awards. **Heather Lee SSO Sports Coordinator Phone 8329 7230**